

# Summer 2019 Swimming Lessons

Registration opens Monday, June 3<sup>rd</sup> at 9:00 am by phone or in person

Visit our website for course descriptions

<https://www.banffcentre.ca/aquatics>

Phone: 403.762.6450

## Red Cross Swimming Lessons

Red Cross Swimming programs strive to make water safety active, engaging and age appropriate. Red Cross Water Safety Instructors train for more than 75 hours and have practical teaching experience. Our programs also come with recognition tools to encourage each swimmer's success.

## Swim Lesson Guidelines

1. Help our instructors ensure everyone's safety by keeping swim lesson participants close at hand before and after lessons as there are NO lifeguards on duty.
2. Entry into the 25m, Wade, or Whirl Pool before and or after lessons is NOT included in the swim lesson fee.
3. All swim lesson participants must wear proper swim attire and take a shower prior to entering the pool.

**Thank you and we look forward to seeing you during our summer session swim lessons!**

## Frequently asked questions:

### How do I know what class to register my child in?

Schedule a Swim Evaluation by contacting Hannah Moore, Aquatics Coordinator by phone [403.762.6451](tel:403.762.6451) or by email [hannah\\_moore@banffcentre.ca](mailto:hannah_moore@banffcentre.ca)

### How can we enjoy swimming before or after lessons?

Program partnership is available to participants enrolled in swim lessons and their family members who wish to swim before, during and or after swim lessons. Those who wish to swim before, during and or after swim lessons will have to show proof of membership, day pass, or program partnership pass to SBF&R Staff.

<b>Summer Session #1</b> <b>July 2<sup>nd</sup> – 5<sup>th</sup> and July 8<sup>th</sup> -11<sup>th</sup></b> <b>Lessons run Tuesday - Friday, and Monday – Thursday (8 classes)</b>			
Level	Time	Registration Number	Cost
<b>Preschool Levels</b> <b>6 months – 5 years of age</b>			
<b>Starfish</b>	9:00-9:30 am	9547	\$50.00
<b>Duck</b>	9:00-9:30 am	9548	\$50.00
<b>Sea Turtle</b>	9:35-10:05 am	9554	\$60.00
	10:45-11:15 am	9555	
<b>Sea Otter</b>	9:35-10:05 am	9549	\$60.00
	10:45-11:15 am	9550	
<b>Salamander</b>	9:35-10:05 am	9552	\$60.00
	10:10-10:40 am	9551	
	12:10-12:40 pm	9553	
<b>Sunfish</b>	9:35-10:05 am	9557	\$60.00
	10:10-10:40 am	9558	
	12:10-12:40 pm	9556	
<b>Crocodile</b>	10:45-11:15 am	9560	\$60.00
	12:20-12:50 pm	9559	
<b>Whale</b>	10:45-11:15 am	9562	\$60.00
	12:20-12:50 pm	9561	
<b>Swim Kids</b> <b>6 – 12 years of age</b>			
<b>Level 1</b>	10:10-10:40 am	9563	\$60.00
	11:20-11:50 am	9564	
<b>Level 2</b>	10:10-10:40 am	9565	\$60.00
	11:20-11:50 am	9566	
<b>Level 3</b>	9:00-9:30 am	9567	\$60.00
	11:45 am-12:15 pm	9568	
	11:55 am-12:25 pm	9569	
<b>Level 4</b>	9:00-9:30 am	9570	\$60.00
	11:45 am-12:15 pm	9571	
	11:55 am-12:25 pm	9572	
<b>Level 5</b>	10:55-11:40 am	9573	\$75.00
	11:20 am-12:05 pm	9574	
<b>Level 6</b>	10:55-11:40 am	9575	\$75.00
	11:20 am-12:05 pm	9576	
<b>Level 7</b>	10:05-10:50 am	9577	\$75.00
<b>Level 8</b>	10:05-10:50 am	9578	\$75.00
<b>Level 9</b>	9:00-10:00 am	9579	\$90.00
<b>Level 10</b>	9:00-10:00 am	9580	\$90.00

<b>Summer Session #2</b> July 15 <sup>th</sup> - 19 <sup>th</sup> and July 22 <sup>nd</sup> - 24 <sup>th</sup> Lessons run Monday – Friday and Monday- Wednesday (8 classes)			
Level	Time	Registration Number	Cost
<b>Preschool Levels</b> 6 months – 5 years of age			
Sea Turtle	9:35-10:05 am	9581	\$60.00
	10:10-10:40 am	9582	
Sea Otter	9:35-10:05 am	9583	\$60.00
	10:10-10:40 am	9584	
Salamander	9:35-10:05 am	9586	\$60.00
	11:20-11:50 am	9585	
Sunfish	9:35-10:05 am	9590	\$60.00
	11:20-11:50 am	9588	
Crocodile	10:45-11:15 am	9592	\$60.00
	12:10-12:40 pm	9591	
Whale	10:45-11:15 am	9593	\$60.00
	12:10-12:40 pm	9594	
<b>Swim Kids</b> 6 – 12 years of age			
Level 1	9:00-9:30 am	9595	\$60.00
	10:45-11:15 am	9596	
Level 2	9:00-9:30 am	9597	\$60.00
	10:45-11:15 am	9598	
Level 3	9:00-9:30 am	9599	\$60.00
	11:55 am-12:25 pm	9600	
Level 4	9:00-9:30 am	9604	\$60.00
	11:55 am-12:25 pm	9605	
Level 5	10:10-10:55 am	9602	\$75.00
	11:20 am-12:05 pm	9603	
Level 6	10:10-10:40 am	9607	\$75.00
	11:20 am-12:05 pm	9608	
<b>Lifesaving Society Leadership Courses</b> 13 + years of age			
Bronze Medallion	9:00 am-12:00 pm	9610	\$225.00
Bronze Cross	9:00 am-12:00 pm	9610	\$225.00

### Summer Session #3

July 29<sup>th</sup> – August 1<sup>st</sup> and August 6<sup>th</sup> – 9<sup>th</sup>

Lessons run Monday – Thursday and Tuesday – Friday (8 classes)

Level	Time	Registration Number	Cost
<b>Preschool Levels</b>			
<b>6 months – 5 years of age</b>			
<b>Starfish</b>	12:10-12:40 pm	9611	\$50.00
<b>Duck</b>	12:10-12:40 pm	9612	\$50.00
<b>Sea Turtle</b>	9:50-10:20 am 10:45-11:15 am	9613 9614	\$60.00
<b>Sea Otter</b>	9:50-10:20 am 10:45-11:15 am	9615 9616	\$60.00
<b>Salamander</b>	9:00-9:30 am 10:25-10:55 am	9617 9618	\$60.00
<b>Sunfish</b>	9:00-9:30 am 10:25-10:55 am	9619 9620	\$60.00
<b>Crocodile</b>	9:35-10:05 am 11:00-11:30 am	9621 9622	\$60.00
<b>Whale</b>	9:35-10:05 am 11:00-11:30 am	9624 9623	\$60.00
<b>Swim Kids</b>			
<b>6 – 12 years of age</b>			
<b>Level 1</b>	9:35-10:05 am 10:10-10:40 am 11:35 am-12:05 pm	9625 9626 9627	\$60.00
<b>Level 2</b>	9:35-10:05 am 10:10-10:40 am 11:35 am-12:05 pm	9628 9629 9630	\$60.00
<b>Level 3</b>	9:00-9:30 am 10:10-10:40 am 12:10-12:40 pm	9631 9632 9633	\$60.00
<b>Level 4</b>	9:00-9:30 am 10:10-10:40 am 12:10-12:40 pm	9634 9635 9636	\$60.00
<b>Level 5</b>	9:00-9:45 am 11:20 am-12:05 pm	9637 9638	\$75.00
<b>Level 6</b>	9:00-9:45 am 11:20 am-12:05 pm	9639 9640	\$75.00
<b>Level 7</b>	11:50 am-12:35 pm	9642	\$75.00
<b>Level 8</b>	11:50 am-12:35 pm	9643	\$75.00
<b>Level 9</b>	10:45-11:45 am	9644	\$90.00
<b>Level 10</b>	10:45-11:45 am	9645	\$90.00

**Summer Session # 4**  
**August 12<sup>th</sup> -16<sup>th</sup> and August 19<sup>th</sup> – 21<sup>st</sup>**  
**Lessons run Monday – Friday and Monday – Wednesday (8 classes)**

Level	Time	Registration Number	Cost
<b>Preschool Levels</b>			
<b>6 months – 5 years of age</b>			
<b>Sea Turtle</b>	9:35-10:05 am	9646	\$60.00
<b>Sea Otter</b>	9:35-10:05 am	9649	\$60.00
<b>Salamander</b>	9:00-9:30 am 10:10-10:40 am	9650 9651	\$60.00
<b>Sunfish</b>	9:00-9:30 am 10:10-10:40 am	9652 9653	\$60.00
<b>Crocodile</b>	9:00-9:30 am	9654	\$60.00
<b>Whale</b>	9:00-9:30 am	9657	\$60.00
<b>Swim Kids</b>			
<b>6 – 12 years of age</b>			
<b>Level 1</b>	9:35-10:05 am 11:35 am – 12:05 pm	9658 9659	\$60.00
<b>Level 2</b>	9:35-10:05 11:35 am – 12:05 pm	9661 9662	\$60.00
<b>Level 3</b>	10:10-10:40 am 12:10-12:40 pm	9664 9665	\$60.00
<b>Level 4</b>	10:10-10:40 am 12:10-12:40 pm	9668 9669	\$60.00
<b>Level 5</b>	10:45-11:30 am	9670	\$75.00
<b>Level 6</b>	10:45-11:30 am	9672	\$75.00
<b>Level 7</b>	11:50 am – 12:35 pm	9674	\$75.00
<b>Level 8</b>	11:50 am – 12:35 pm	9675	\$75.00
<b>Level 9</b>	10:45-11:45 am	9676	\$90.00
<b>Level 10</b>	10:45-11:45 am	9677	\$90.00

**NEW!!! Saturday Summer Morning Lessons**

<b>Summer Saturdays</b> <b>July 6 – August 24</b> <b>No lessons August 3<sup>rd</sup> (7 Classes)</b>			
Level	Time	Registration Number	Cost
<b>Preschool Levels</b> <b>6 months – 5 years of age</b>			
Starfish	9:00-9:30 am	6978	\$43.75
Duck	9:00-9:30 am	6979	\$43.75
Sea Turtle	9:00-9:30 am	9680	\$52.50
Sea Otter	9:00-9:30 am	9682	\$52.50
Salamander	10:10-10:40 am	9684	\$52.50
Sunfish	10:10-10:40 am	9688	\$52.50
Crocodile	9:35-10:05 am	9690	\$52.50
Whale	9:35-10:05 am	9692	\$52.50
<b>Swim Kids</b> <b>6 – 12 years of age</b>			
Level 1	10:10-10:40 am	9693	\$52.50
	12:10-12:40 pm	9694	
Level 2	10:10-10:40 am	9695	\$52.50
	12:10-12:40 pm	9696	
Level 3	9:35-10:05 am	9697	\$52.50
	11:35 am – 12:05 pm	9698	
Level 4	9:35-10:05 am	9700	\$52.50
	11:35 am – 12:05 pm	9701	
Level 5	10:45-11:30 am	9703	\$65.65
Level 6	10:45-11:30 am	9705	\$65.65
Level 7	11:50 am – 12:35 pm	9707	\$65.65
Level 8	11:50 am – 12:35 pm	9708	\$65.65
Level 9	10:45-11:45 am	9709	\$78.75
Level 10	10:45-11:45 am	9710	\$78.75